**Esophagogastroduodenoscopy (EGD) Preparation**

Your exam will be scheduled through Dr. Shockey’s office

**Arrival time**: Come to the GI Laboratory 30 minutes before the test time.

**Location of the exam**: West Entrance Mercy Memorial Hospital

(Next to the heliport across the street from the mall)

**Diet**: The evening before, do not eat after 9 pm and do not drink after 12

midnight.

**Medications**: Hold all medications at midnight till after the procedure.

**Stop** Coumadin (Warfarin), Plavix (Clopidogrel), Asprin or any other

blood thinners 4 days before the exam. If unable to stop these, your

primary care doctor will need to make special preparations.

**Stop** Ibuprofen (Motrin, Advil), Naprosyn (Aleve), Mobic

(Meloxicam), Celebrex or other arthritis medication (NSAID’s) 3 days

before the procedure.

**Bring** a list of your medications along with you to the GI lab.

**Transportation**: You must have a driver present to take you home before

we can start the procedure.

**Recovery**: The procedure takes approximately 15 minutes to complete.

The recovery period is about 30 minutes. After discharge plan to eat

a small, light meal. Further instructions will be given at the lab.